



## International Workshops in Berlin

English language, small group (about 8)

**Oct 16-18., 2020 Heiner Steckel**

**Basic Bioenergetic work principles -**

**From Survival Contraction to self-regulated Expansion and Expression**

This workshop offers a thematic deepening of body-therapeutic basics for bioenergetic-trainees and CBTs and is well suited as a decision-making aid for those possibly interested in further bioenergetic training or education.



Online-information:

[https://www.niba-ev.de/workshop/seminar.php?buttnr=3&g\\_ll=1&gll=0&f\\_lugg=0](https://www.niba-ev.de/workshop/seminar.php?buttnr=3&g_ll=1&gll=0&f_lugg=0)

**Dec 04-06., 2020 Dr. Vita Heinrich-Clauer**

**Somatic Resonance and Bioenergetic Self-Care  
for Therapists**

This workshop focus on the therapist as resonance body. Somatic resonance as basic interactional phenomenon will be discussed in it's effects on the therapeutic process. Resonance phenomena and bioenergetic exercises for self-care will be explored.



Online-information:

[https://www.niba-ev.de/workshop/seminar.php?buttnr=5&g\\_ll=1&gll=0&f\\_lugg=0](https://www.niba-ev.de/workshop/seminar.php?buttnr=5&g_ll=1&gll=0&f_lugg=0)

**Due to the Corona pandemic**, the organizational, spatial and content-related details are adapted to current requirements.

Please contact us for more information!

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